

Item	Serving Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Total Fiber	Dietary	Protein
Garlic Bread	1 ea	599	25	5	21	465	81	0	4	
Garlic Bread w/ Mozzarella	1 ea	700	36	12	54	848	83	0	22	
French Onion Soup w/ Croutons (Bowl)	1 ea	124	2	1	2	1340	23	0	1	
French Onion Soup (Bowl)	1 ea	62	2	1	0	1326	11	0	1	
French Onion Soup w/ Croutons (Cup)	1 ea	79	1	1	2	805	15	0	1	
French Onion w/ Swiss Soup	1 ea	186	7	4	18	1306	23	0	1	
Wisconsin Cheese Soup (Bowl)	1 ea	273	14	7	30	1293	23	0	13	
Wisconsin Cheese Soup (Cup)	1 ea	173	9	5	19	820	14	0	8	
Cream of Broccoli Soup (Bowl)	1 ea	232	14	7	46	1204	19	1	8	
Cream of Broccoli Soup (Cup)	1 ea	150	9	5	30	782	12	1	5	
Chicken Noodle Soup (Bowl)	1 ea	150	3	1	52	1158	22	1	7	
Chicken Noodle Soup (Cup)	1 ea	98	2	1	34	752	14	1	5	
Boston Clam Chowder (Bowl)	1 ea	325	19	5	19	1100	30	1	8	
Boston Clam Chowder (Cup)	1 ea	211	12	3	12	715	20	1	5	
Chili (Bowl)	1 ea	420	22	8	75	1894	28	9	24	
Chili (Cup)	1 ea	273	14	5	49	1231	18	6	16	
Chili w/ Cheddar & Onions (Bowl)	1 ea	542	31	13	105	2075	32	9	32	
Chili w/ Cheddar & Onions (Cup)	1 ea	395	23	10	79	1412	22	6	23	
Meatballs (4) w/ Meat Sauce	1 ea	515	36	14	159	563	14	3	30	
Fried Mozzarella Sticks w/ Marinara Sauce	1 ea	403	19	8	41	3099	43	4	18	
Fried Chicken Wings	1 lb	958	67	19	447	2428	3	0	73	
Fried Mushrooms w/ Ranch Dressing	1 ea	677	53	9	32	1788	52	3	10	
Chicken Tenders (4)	1 ea	367	15	2	65	1274	19	0	37	
Fried Ravioli w/ Marinara Sauce	1 ea	319	7	3	27	637	7	4	12	
Fruit Medley	5 oz.	85	0	0	0	20	23	1	0	
Steamed Vegetables	4.5 oz.	53	0	0	0	45	11	3	3	
Italian Bread-Loaf	1 ea	794	6	1	31	486	161	0	2	
Bread Chips	1 oz	99	1	0	4	61	20	0	0	
Cheese Spread	1 oz	90	7	4	22	180	2	0	4	
Ruffles	1 bag	240	16	1.5	0	250	22	2	3	

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Lay's KC Masterpiece Chips	1 bag	230	15	1.5	0	300	23	2	3	
Lay's Sour Cream & Onion Chips	1 bag	240	15	2	0	320	23	2	3	
Baked Lay's	1 bag	130	2	0	0	200	26	2	2	
Meat Sauce Side	3 oz	80	4	2	12	102	7	2	4	
Meat Sauce Pint	16 oz	427	20	8	63	541	36	11	23	
Meat Sauce Quart	32 oz	853	39	16	130	1038	72	22	46	
Marinara Sauce Side	3 oz	43	1	0	1	99	7	2	2	
Marinara Sauce Pint	16 oz	227	3	2	6	526	38	10	10	
Marinara Sauce Quart	32 oz	454	6	4	12	1053	76	21	21	
Alfredo Sauce Side	3 oz	121	7	4	18	546	8	0	6	
Alfredo Sauce Pint	16 oz	644	37	21	95	2914	44	0	32	
Alfredo Sauce Quart	32 oz	1288	73	42	190	5827	89	0	64	
Clam Sauce - Side	3 oz	73	1	1	10	634	6	2	10	
Clam Sauce - Pint	16 oz	391	5	3	53	3383	32	8	53	
Clam Sauce - Quart	32 oz	782	10	6	106	6766	64	16	106	
Pesto Alfredo Sauce - Side	3 oz	227	20	4	14	490	5	1	5	
Pesto Alfredo Sauce - Pint	16 oz	1211	108	23	72	2614	29	3	25	
Pesto Alfredo Sauce - Quart	32 oz	2422	216	46	144	5227	58	6	51	
Pepperoncini Peppers	4 ea	13	0	0	0	609	3	1	0	
Giardiniera Peppers	2 oz	123	11	1	0	838	2	0	0	

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