

Item	Serving Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs Total	Fiber Dietary	Protein	Vitamin A	Vitamin C	Calcium	Iron
Garlic Bread	1 ea	582	23	5	19	595	81	0	3	15%	1%	8%	2%
Garlic Bread w/ Mozzarella	1 ea	684	31	12	53	977	83	0	21	24%	1%	53%	2%
French Onion Soup w/ Croutons (Bowl)	1 ea	262	4	1	8	1373	49	1	7	0%	0%	1%	3%
French Onion Soup (Bowl)	1 ea	68	2	1	0	1449	12	0	1	0%	0%	0%	0%
French Onion Soup w/ Croutons (Cup)	1 ea	159	3	1	5	863	30	1	4	0%	0%	1%	2%
French Onion w/ Swiss Soup	1 ea	292	5	2	14	1417	49	1	12	1%	0%	17%	3%
Wisconsin Cheese Soup (Bowl)	1 ea	273	14	7	30	1293	23	0	13	95%	9%	42%	5%
Wisconsin Cheese Soup (Cup)	1 ea	173	9	5	19	820	14	0	8	60%	6%	26%	3%
Cream of Broccoli Soup (Bowl)	1 ea	237	14	7	47	1245	20	1	8	7%	7%	18%	2%
Cream of Broccoli Soup (Cup)	1 ea	150	9	5	30	790	13	1	5	5%	5%	11%	2%
Chicken Noodle Soup (Bowl)	1 ea	142	4	1	71	1056	17	1	8	9%	0%	2%	7%
Chicken Noodle Soup (Cup)	1 ea	90	3	1	45	669	11	1	5	6%	0%	2%	5%
Boston Clam Chowder (Bowl)	1 ea	33	19	5	19	1128	31	1	8	5%	0%	5%	8%
Boston Clam Chowder (Cup)	1 ea	211	12	3	12	715	20	1	5	3%	0%	3%	5%
Chili (Bowl)	1 ea	404	21	8	72	682	28	9	22	22%	43%	10%	61%
Chili (Cup)	1 ea	242	12	5	43	405	17	5	13	13%	26%	6%	36%
Chili w/ Cheddar & Onions (Bowl)	1 ea	547	33	14	111	916	29	9	31	30%	43%	36%	61%
Chili w/ Cheddar & Onions (Cup)	1 ea	385	24	11	82	639	18	5	22	21%	26%	32%	36%
Meatballs (4) w/ Meat Sauce	1 ea	421	27	10	130	343	17	3	25	19%	11%	7%	20%
Fried Mozzarella Sticks w/ Marinara Sauce	1 ea	452	26	12	41	1285	36	2	22	28%	7%	42%	3%
Fried Onion Rings	1 ea	534	27	4	0	987	67	3	5	0%	11%	0%	11%
Fried Mushrooms w/ Ranch Dressing	1 ea	679	53	9	32	1806	49	3	10	1%	1%	4%	11%

This nutritional information is based on standard recipes and product formulas. Some variations may occur due to season, supplier, and minor differences in product assembly.

Item	Serving Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs Total	Dietary Fiber	Protein	Vitamin A	Vitamin C	Calcium	Iron
Chicken Tenders (4)	1 ea	500	20	3	80	1000	44	8	38	4%	0%	4%	12%
Fruit Medley	5 oz.	85	0	0	0	20	23	1	0	14%	99%	0%	0%
Italian Bread-Loaf	1 ea	813	11	2	31	486	154	5	25	1%	0%	4%	12%
Bread Chips	1 oz	406	6	1	15	243	77	2	13	0%	0%	2%	6%
Cheese Spread	1 oz	90	7	4	22	180	2	0	4	6%	0%	11%	0%
Ruffles	1 bag	160	10	3	0	160	14	1	2	0%	10%	0%	2%
Lay's KC Masterpice Chips	1 bag	150	10	3	0	200	15	1	2	0%	10%	0%	0%
Lay's Sour Cream & Onion Chips	1 bag	160	10	3	0	210	15	1	2	0%	10%	0%	0%
Meat Sauce Side	3 oz	87	4	2	12	97	7	2	4	11%	6%	1%	5%
Meat Sauce Pint	16 oz	465	24	8	63	520	38	11	22	59%	30%	7%	24%
Meat Sauce Quart	32 oz	930	48	17	127	1040	75	22	44	117%	60%	14%	48%
Marinara Sauce Side	3 oz	52	2	0	1	85	8	2	2	12%	7%	2%	3%
Marinara Sauce Pint	16 oz	277	9	2	4	455	40	11	9	67%	37%	9%	17%
Marinara Sauce Quart	32 oz	555	17	5	7	911	81	22	18	133%	74%	19%	33%
Alfredo Sauce Side	3 oz	56	3	2	12	149	3	0	4	3%	1%	14%	1%
Alfredo Sauce Pint	16 oz	299	17	12	66	797	14	0	22	18%	3%	77%	4%
Alfredo Sauce Quart	32 oz	598	34	24	132	1594	28	0	43	36%	6%	153%	8%
Pepperoncini Peppers	4 ea	13	0	0	0	609	3	1	0	0%	0%	0%	0%
Giardiniera Peppers	2 oz	100	9	1	0	220	4	0	0	40%	60%	0%	0%

This nutritional information is based on standard recipes and product formulas. Some variations may occur due to season, supplier, and minor differences in product assembly.