

Avantis Nutritional Information

Desserts

Item	Serving Size	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs Total	Fiber	Dietary	Protein
Chocolate Chip Cookie	1 ea	200	10	3	10	55	26	0.5		2
Eli's New York Style Cheesecake	1 Slice	350	25	16	100	240	25	0		5
Eli's Chocolate Peanut Butter Cheesecake w/ Reese's	1 Slice	550	36	21	105	370	50	2		8
Eil's Chocolate Fudge Ghirardelli Cheesecake	1 Slice	540	37	23	140	220	51	3		6
Caramel-Nougat Cheesecake w/ Snickers Bar	1 Slice	520	33	20	110	330	50	1		7
Turtle Trio Cheesecake	1 Slice	540	38	21	115	320	47	2		6
Carrot Cake	1 ea	240	12	3	35	280	31	1		3
Chocolate Fudge Cake	1 ea	260	11	3	35	280	39	2		4
Peanut Butter Crème Pie	1 ea	360	24	12	20	170	33	2		5
Toppings										
Strawberry	1/3 cup	120	0	0	0	85	28	0		1
Cherry	1/3 cup	80	0	0	0	40	20	0		0