

Avanti's Italian Restaurant - Pizzas

Item	Per Serving Size	Serving	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Total Fiber	Dietary	Protein	Vitamin A	Vitamin C	Calcium	Iron
Small Cheese Pizza	1 Slice	6	130	6	3	12	245	17	1	10	6%	1%	17%	2%	
Small Avanti's Special	1 Slice	6	199	11	5	26	549	18	1	14	6%	5%	17%	3%	
Small Hawaiian Pizza	1 Slice	6	140	4	3	15	312	19	1	11	6%	2%	17%	2%	
Small BBQ Chicken Pizza	1 Slice	6	164	6	3	17	274	24	1	12	3%	1%	17%	2%	
Small Extra Cheese Pizza	1 Slice	6	148	8	4	18	313	18	1	13	8%	1%	25%	2%	
Small Sausage Pizza	1 Slice	6	193	11	5	23	501	18	1	13	6%	1%	17%	3%	
Small Pepperoni Pizza	1 Slice	6	160	8	4	18	360	17	1	11	6%	1%	17%	2%	
Small Ham Pizza	1 Slice	6	140	6	3	17	356	18	1	11	6%	1%	17%	2%	
Small Hamburger Pizza	1 Slice	6	180	10	4	25	260	17	1	13	6%	1%	17%	4%	
Small Chicken Pizza	1 Slice	6	154	6	3	21	283	18	1	13	6%	2%	17%	3%	
Small Bacon Pizza	1 Slice	6	185	10	4	22	452	18	1	13	6%	1%	17%	3%	
Small Mushroom Pizza	1 Slice	6	131	6	3	12	245	18	1	10	6%	2%	17%	2%	
Small Onion Pizza	1 Slice	6	132	6	3	12	245	18	1	10	6%	2%	17%	2%	
Small Green Pepper Pizza	1 Slice	6	131	6	3	12	245	18	1	10	6%	8%	17%	2%	
Small Green Olive Pizza	1 Slice	6	144	7	3	12	424	18	1	10	6%	1%	17%	2%	
Small Black Olive Pizza	1 Slice	6	144	7	3	12	311	18	1	10	6%	1%	17%	2%	
Small Pineapple Pizza	1 Slice	6	137	6	3	12	246	19	1	10	6%	3%	17%	2%	
Small Pepperoncini Pizza	1 Slice	6	133	6	3	12	368	18	1	10	6%	1%	17%	2%	
Small Tomato Pizza	1 Slice	6	137	6	3	12	245	18	1	10	6%	3%	17%	2%	
Small Pepperoni & Sausage Pizza	1 Slice	6	222	13	6	29	617	18	1	15	6%	1%	18%	4%	
Small Sausage & Mushroom Pizza	1 Slice	6	194	11	5	23	502	18	1	14	6%	2%	17%	4%	
Small Pepperoni & Mushroom Pizza	1 Slice	6	161	8	4	18	360	18	1	11	6%	2%	17%	2%	
Small Mushroom, Onion, and Green Pepper	1 Slice	6	132	6	3	12	245	18	1	10	6%	5%	17%	2%	
Small Pepperoni, Sausage, and Mushrooms	1 Slice	6	192	11	5	23	493	18	1	13	6%	1%	18%	3%	

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Item	Per Serving Size	Serving	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Total Fiber	Dietary	Protein	Vitamin A	Vitamin C	Calcium	Iron
Medium Cheese Pizza	1 Slice	8	145	6	3	14	285	19	1	11	7%	2%	19%	2%	
Medium Avanti's Special	1 Slice	8	226	13	5	29	633	20	1	16	7%	6%	20%	4%	
Medium Hawaiian Pizza	1 Slice	8	158	7	3	18	369	21	1	12	7%	3%	19%	3%	
Medium BBQ Chicken Pizza	1 Slice	8	195	7	3	24	327	26	1	15	4%	1%	19%	2%	
Medium Extra Cheese Pizza	1 Slice	8	165	9	4	21	361	20	1	15	9%	2%	28%	2%	
Medium Sausage Pizza	1 Slice	8	223	13	5	27	605	20	1	16	7%	2%	19%	4%	
Medium Pepperoni Pizza	1 Slice	8	180	9	4	21	419	19	1	13	7%	2%	19%	3%	
Medium Ham Pizza	1 Slice	8	156	7	3	20	410	19	1	13	7%	2%	19%	2%	
Medium Hamburger Pizza	1 Slice	8	195	11	5	26	300	19	1	14	7%	2%	19%	4%	
Medium Chicken Pizza	1 Slice	8	173	7	3	24	331	20	1	15	7%	2%	20%	3%	
Medium Bacon Pizza	1 Slice	8	201	11	5	25	518	19	1	15	7%	2%	19%	3%	
Medium Mushroom Pizza	1 Slice	8	146	6	3	14	285	19	1	11	7%	2%	19%	2%	
Medium Onion Pizza	1 Slice	8	147	6	3	14	285	20	1	11	7%	2%	19%	2%	
Medium Green Pepper Pizza	1 Slice	8	146	6	3	14	285	19	1	11	7%	9%	19%	2%	
Medium Green Olive Pizza	1 Slice	8	161	8	3	14	487	19	1	11	7%	2%	19%	2%	
Medium Black Olive Pizza	1 Slice	8	161	8	3	14	359	19	1	11	7%	2%	19%	2%	
Medium Pineapple Pizza	1 Slice	8	152	6	3	14	286	21	1	11	7%	3%	19%	2%	
Medium Pepperoncini Pizza	1 Slice	8	148	6	3	14	426	20	1	11	7%	2%	19%	2%	
Medium Tomato Pizza	1 Slice	8	153	6	3	14	285	20	1	11	7%	4%	19%	2%	
Medium Pepperoni & Sausage Pizza	1 Slice	8	242	14	6	31	676	20	1	16	7%	2%	20%	4%	
Medium Sausage & Mushroom Pizza	1 Slice	8	209	11	5	24	542	20	1	15	7%	2%	19%	4%	
Medium Pepperoni & Mushroom Pizza	1 Slice	8	181	9	4	21	419	19	1	13	7%	2%	19%	3%	
Medium Mushroom, Onion, and Green Pepper	1 Slice	8	148	6	3	14	285	20	1	11	7%	6%	19%	2%	
Medium Pepperoni, Sausage, and Mushrooms	1 Slice	8	220	13	5	27	583	20	1	15	7%	2%	20%	4%	

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Item	Per Serving Size	Serving	Calories	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Total	Dietary Fiber	Protein	Vitamin A	Vitamin C	Calcium	Iron
Large Cheese Pizza	1 Slice	12	165	7	3	15	294	22	1	12	7%	1%	21%	2%	
Large Avanti's Special	1 Slice	12	253	14	6	32	673	24	1	17	7%	5%	22%	4%	
Large Hawaiian Pizza	1 Slice	12	180	7	4	20	406	24	1	14	7%	3%	21%	3%	
Large BBQ Chicken Pizza	1 Slice	12	230	8	3	29	376	31	1	18	5%	1%	21%	3%	
Large Extra Cheese Pizza	1 Slice	12	188	10	5	23	379	23	1	16	9%	1%	31%	2%	
Large Sausage Pizza	1 Slice	12	238	13	5	27	593	23	1	17	7%	2%	21%	4%	
Large Pepperoni Pizza	1 Slice	12	205	10	5	23	448	22	1	14	7%	1%	21%	3%	
Large Ham Pizza	1 Slice	12	180	8	4	23	461	23	1	15	7%	1%	21%	3%	
Large Hamburger Pizza	1 Slice	12	224	12	5	30	312	22	1	16	7%	1%	21%	5%	
Large Chicken Pizza	1 Slice	12	203	8	4	29	356	23	1	18	7%	2%	22%	4%	
Large Bacon Pizza	1 Slice	12	217	11	5	25	502	23	1	16	7%	1%	21%	3%	
Large Mushroom Pizza	1 Slice	12	167	7	3	15	295	23	1	13	7%	2%	21%	2%	
Large Onion Pizza	1 Slice	12	167	7	3	15	294	23	1	13	7%	2%	21%	2%	
Large Green Pepper Pizza	1 Slice	12	166	7	3	15	294	23	1	12	7%	8%	21%	2%	
Large Green Olive Pizza	1 Slice	12	182	8	3	15	508	23	1	12	7%	1%	21%	2%	
Large Black Olive Pizza	1 Slice	12	182	8	3	15	373	23	1	12	7%	1%	21%	2%	
Large Pineapple Pizza	1 Slice	12	174	7	3	15	295	24	1	13	7%	3%	21%	3%	
Large Pepperoncini Pizza	1 Slice	12	169	7	3	15	450	23	2	12	7%	1%	21%	2%	
Large Tomato Pizza	1 Slice	12	174	7	3	15	295	23	1	13	7%	4%	21%	2%	
Large Pepperoni & Sausage Pizza	1 Slice	12	278	16	7	35	747	23	1	18	7%	2%	22%	4%	
Large Sausage & Mushroom Pizza	1 Slice	12	240	13	5	27	594	23	1	17	7%	2%	21%	4%	
Large Pepperoni & Mushroom Pizza	1 Slice	12	206	10	5	23	448	23	1	14	7%	2%	21%	3%	
Large Mushroom, Onion, and Green Pepper Pizza	1 Slice	12	168	7	3	15	295	23	1	13	7%	5%	21%	2%	
Large Pepperoni, Sausage, and Mushrooms	1 Slice	12	246	14	6	29	617	23	1	17	7%	2%	22%	4%	

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